

**LITTLE BLESSINGS DAYCARE**  
**SITE 1 & 2**  
**Name of Planner: Teresa Dawson**  
**Week 1**

<b>DAY OF WEEK</b>	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>SNACK</b>
<b>MONDAY</b>	Whole Grain Cheerios Mixed Fruit 1% Milk	Baked Pollock Fish Mixed Vegetables Pineapple chunks Whole Grain Wheat Roll 1% Milk	Whole Grain Goldfish Crackers Apple Juice
<b>TUESDAY</b>	Whole Grain French Toast w/Syrup Diced Peaches 1% Milk	Whole Grain Cheese Pizza w/beef Tossed Salad Orange Slices 1% Milk	Apple Slices Ritz Crackers Grape Juice
<b>WEDNESDAY</b>	Scrambled Eggs Turkey Sausage Whole Grain Wheat Bread Bananas 1% Milk	Baked Chicken Boiled Potatoes Green Beans Whole Grain Wheat Rolls Peaches 1% Milk	Wheat Thins Pineapple Juice
<b>THURSDAY</b>	Whole Wheat Bagel w/ Cream Cheese Diced Pears 1% Milk	Meatloaf Macaroni & Cheese Succotash Pears Whole Grain Wheat Bread 1% Milk	Cheese Cubes w/Crackers Apple Juice
<b>FRIDAY</b>	Whole Grain Wheat Toast w/Soy Butter Orange Slices 1% Milk	Spaghetti w/meatballs Green Salad Mixed Fruit Whole Grain Wheat Rolls 1% Milk	Pretzels Grape Juice

**LITTLE BLESSINGS DAYCARE**  
**SITE 1 & 2**  
**Name of Planner: Teresa Dawson**  
**Week 2**

<b>DAY OF WEEK</b>	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>SNACK</b>
<b>MONDAY</b>	Whole Wheat Bagel w/ Cream Cheese Pineapple Chunks 1% Milk	Grilled Cheese Sand. (Whole Grain Wheat Bread) Tomato Soup Carrot & Celery Applesauce 1% Milk	Celery Sticks w/ Peanut butter Pineapple Juice
<b>TUESDAY</b>	Scrambled Eggs Slice Whole Grain Wheat Toast Diced Pears 1% Milk	Turkey Burger on Whole Grain Wheat Roll Baked Fries Spinach Pineapple chunks 1% Milk	Vegetable Tray (Broccoli, Tomatoes, Carrots) Ritz Crackers Apple Juice
<b>WEDNESDAY</b>	Whole Grain Waffles Turkey Sausages Bananas 1% Milk	Salisbury Steak Egg Noodles Succotash Sliced Peaches Whole Grain Wheat Rolls 1% Milk	Wheat Crackers Apple Slices Grape Juice
<b>THURSDAY</b>	Slice Whole Grain Wheat Toast Yogurt Apple 1% Milk	Turkey & Cheese on Whole Grain Wheat Bread Chicken Noodle Soup Carrot & Celery Fruit Cocktail 1% Milk	Animal Crackers Apple Juice
<b>FRIDAY</b>	Kix Cereal Oranges 1% Milk	Chicken & Dumplings Peas & Carrots Applesauce Whole Grain Wheat Rolls 1% Milk	Peanut Butter Crackers Grape Juice

**LITTLE BLESSINGS DAYCARE****SITE 1 & 2****Name of Planner: Teresa Dawson****Week 3**

<b>DAY OF WEEK</b>	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>SNACK</b>
<b>MONDAY</b>	Whole Grain Pancakes w/ syrup Sliced Peaches 1% Milk	Peanut Butter & Jelly Sand. Chicken Noodle Soup Pears Carrots & Celery 1% Milk	Animal Crackers Pineapple Juice
<b>TUESDAY</b>	Whole Grain Oatmeal Diced Pears 1% Milk	Chicken Strips in Pita Bread w/ Cheese, Lettuce, Tomatoes Mixed Fruit 1% Milk	Whole Grain Goldfish Cracker Pineapple Juice
<b>WEDNESDAY</b>	Corn Chex Cereal Bananas 1% Milk	Tuna Salad w/ Macaroni Peas & Carrots Peaches Club Crackers 1% Milk	Celery and Carrot Sticks w/Peanut Butter Grape Juice
<b>THURSDAY</b>	Scrambled Eggs Turkey Sausage Whole Grain Wheat Toast Pineapple Chunks 1% Milk	Meatloaf & Gravy Spinach Sweet Potatoes Whole Grain Wheat Bread Diced Pears 1% Milk	Pretzels Cookies Grape Juice
<b>FRIDAY</b>	Kix Cereal Oranges 1% Milk	Navy Beans Broccoli Whole Grain Wheat Bread Pineapple chunks 1% Milk	Cheese & Crackers Apple Juice